

Dance Survival Kit:

Make-Up:

- False Eye Lashes For dancers age 10 & up
- Lash Glue For False Eye Lashes age 10 & up
- Black Eyeliner 10 & up, Brown Eyeliner 9 & under
- White Eyeliner
- Dark And Light Brown Eye Shadows
- White Eye Shadow
- Eyebrow Pencil/Powder/Stick
- Blush
- Base To Match Skin Tone
- Mascara
- Lipstick: Berry colored lipstick, meaning somewhere between red and pink.

Other Essentials:

- Make Up Removal Wipes
- Hairspray
- Hair Paste For Flyaway Hairs And Frizz
- Brush, Comb
- Bun Donut
- Same Color Hair Ties
- U Pins
- Bobby Pins
- Safety Pins
- Sewing Kit
- Scissors
- Travel First Aid Kit
- Feminine Products (If Needed)
- Tylenol or Advil
- Eye Drops
- Chapstick
- Deodorant
- Clear Nail Polish
- Body Glue or Double-Sided Tape For Skin And Clothes
- Static Guard
- Baby Wipes
- Kleenex
- Q-Tips
- Fingernail Polish Remover
- Fingernail Clipper
- Band-Aids & Disposable Ice Pack
- Water Bottle
- Warm Up Wear
- Warm Up Booties Or Easy On/Off Shoes When A Dancer Has Tights On
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- _____
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You Tube Make Up Tutorials:

Dancers 9 & under: "junior stage.flv"

Dancers 10 & up: "eyes for the stage.flv"

I'd like to note that although these videos are a bit older, their content is still valid. Stage make up is applied differently than daytime or event make up. Stage lighting is the reason for the techniques applied in the video. For example, not connecting the dark liner that is placed on the eye and applying a white liner at the corner of the eye will keep the eye bright and open looking on stage. Otherwise it can look smaller or closed. The use of neutral colors on the eye like brown and highlighter, help to accentuate the bone structure of the face. Vibrant colors like blue on the eye can leave the eye looking swollen or bruised under the stage lights. We do sometimes ask for classes to modify the normal stage make up in order to enhance the character of the dance. Unless an instructor has asked for something different, the above list and videos should be followed. :-)

Costumes-

create your own check list w/ all pieces, Check it when packing for the competition and when leaving the competition. Include: Tights, Extra Tights, Hairpieces, Props, Dance Shoes For All Performances